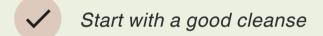
SKINCARE REMINDERS





- Invest in creating your own products from kitchen ingredients
- ✓ Double Cleanse at Night
- Beauty is not your aim.
 Wellness is!
- ✓ Give your Skin Time



✓ Don't forget sunscreen

✓ Don't exfoliate everyday

✓ Don't touch your face

✓ Don't over-wash

Don't expect results over-night.